



FROM THE LIFESTYLE DIRECTOR

We had a blast in May enjoying the warmer weather and the beautiful flowers that have sprung. Homeowners showed off their musical talents at the Karaoke Wine and Cheese and the Jewish Cultural Club was a hit. The Memorial Day BBQ was a great way to welcome summer with good friends, music and food. June is sure to be a great month. With the weather getting warmer and the pool being open, it's a great way to meet all the new neighbors and to reconnect with the old. Whether you are a participant or a spectator, fun is sure to be had at the Newlywed Game. If you are feeling lucky try your hand at High Stakes Bingo or book a seat at our Texas Hold'em tournament.



1475 Front Street | East Meadow, New York

seasonsateastmeadow.com

516.307.3627

IN THIS ISSUE

From the Lifestyle Director | 1

Seasons Spotlight! | 2

Health News | 2

Announcements | 3

Staying Fit Schedule | 3

June Events | 4

Just for fun ... facts for June

- Gems for June are the pearl, alexandrite, and moonstone
- The rose is the flower for the month of June
- June 21st marks the official first day of Summer



log on to

[www.facebook.com/](http://www.facebook.com/TheSeasonsatEastMeadow)

TheSeasonsatEastMeadow

to view the videos &

like your favorite one!

NOW THRU JUNE 7

ANNOUNCEMENTS

GROUP FOR HISTORY BUFFS will meet on Mondays at 7pm in the Cinema.

NEEDLECRAFT CLUB meets on Mondays at 7:30pm.

CERAMICS will meet Wednesday, June 1, 8, 15 and 22 from 6:30pm-8pm in the Card Room.

JEWISH CULTURAL CLUB will meet every other Thursday (6/9, 23) at 3:00pm in the Library. All are welcome!

MAH JONGG game meets on Mondays at 1pm in the Card Room, if interested please contact Arlene Epstein or just come on by...

RUMMIKUB game meets on Wednesdays at 1pm in the Card Room, for more information please contact Evelyn Ben-Ami.

CURRENT ISSUES IN THE NEWS will meet on Wednesdays, June 8 and 22 at 5:30pm at the Wet Bar.

HIGH STAKES BINGO Saturday, June 4 at 7pm in the Card Room.

BAGEL BREAKFAST on Sunday, June 5, from 10:30am-12:30pm in the Card Room. Please contact Gloria Edelman for more information.

PIZZA PARTY is Friday, June 17 at 6:30pm in the Card Room, please contact Piero Del'Corso if interested.



NEW HOMEOWNERS ORIENTATION WITH WELCOME COMMITTEE on Wednesday, June 22 at 7pm in the Cinema.

POTTED GARDENING CLUB meets on Thursday, June 23 at 7pm in the Library.

BOOK CLUB will meet on Saturday June 25 at 11am in the Library.

BIRTHDAY BRUNCH June 26 from 12pm-3pm in the Card Room. Please contact Gloria Edelman for more information.

WINE & CHEESE is held every Saturday night at 8pm, all are welcome!

MOVIE NIGHT is Friday night at 7pm except for the night of the Pizza party, when the movie will begin at 7:30pm.

TEXAS HOLD'EM coming Mid-June on a Saturday 11am-5pm. Stay tuned for the specific date.

Lifestyle Directors Days: Tuesday - Saturday, OFF Sunday & Monday

STAYING FIT AT THE SEASONS

\$8 per class - All classes run between 45min-1hr

SUNDAY

10:00am Aerobics
Aerobics Studio

TUESDAY

11:00am Yoga
Aerobics Studio

THURSDAY

11:15am Tai Chi
Aerobics Studio

12:00pm Water Aerobics
Indoor Pool

SATURDAYS

10:00am Zumba
Aerobics Studio



HEALTHY LIFESTYLE

CLUB HOURS

Sunday	8:30am-7:30pm
Monday	8:00am-9:00pm
Tuesday	7:30am-9:00pm
Wednesday	7:30am-9:00pm
Thursday	7:30am-9:00pm
Friday	7:30am-10:00pm
Saturday	8:30am-10:30pm

Please note: The pool will now be open at 9:30am on Tuesdays and Saturdays to allow for the required cleaning.

Words OF WISDOM

"It is the month of June, the month of leaves and roses, when pleasant sights salute the eyes, and pleasant scents the noses." -Nathaniel Parker Willis

June EVENTS

HIGH STAKES BINGO • Saturday, June 4 at 7pm in the Card Room

PIZZA PARTY • Friday June 17 at 6:30pm in the Card Room

TEAXS HOLD'EM • Saturday, Mid June from 11am-5pm, stay tuned for specific date

NEW HOMEOWNERS ORIENTATION • with Welcome Committee
Wednesday, June 22 at 7pm in the Cinema

THE NEWLYWED GAME • Wednesday, June 29 at 7pm
in the Cinema

VISIT OUR BLOG

blog.seasonsateastmeadow.com



[www.facebook.com/
TheSeasonsAtEastMeadow](http://www.facebook.com/TheSeasonsAtEastMeadow)

WELCOME to our newest homeowners

Richard & Joan Baxter
New Hyde Park, NY

Marvin & Florence Lampert
Woodbury, NY

Andrea Fisher
Long Beach, NY

Stanley & Elaine Wolfson
Woodmere, NY

Anthony and Elaine Vessio
Franklin Square, NY

Michael and Paula Kuciniski
Merrick, NY



1475 Front Street | East Meadow, NY 11554

seasonsateastmeadow.com