



1475 Front Street | East Meadow, New York

seasonsateastmeadow.com

516.307.3627

FROM THE LIFESTYLE DIRECTOR



March came and went in the blink of an eye! We made some great memories at the Mardi Gras Champagne Social as well as the St. Patrick's Day party. We had big winners at both the Texas Hold'Em Tournament and the High Stakes Bingo. We exercised our minds at the weekly History lecture and exercised our bodies with our daily classes. We are looking forward to the spring and the green thumbs of our potted gardening club to really brighten up their backyards. We pampered ourselves with mini massages and took the time to learn a few new games. April is sure to please with the upcoming Doo Wop, continued Ballroom Dancing, Round 2 of High Stakes Texas Hold'em Tournament and An Evening of Fine Fragrances and Spring Make-Overs courtesy of Nordstrom's.

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Just for fun

Friday, April 1 is
April Fool's Day

Sunday, April 4 is
Daffodil Sunday



ANNOUNCEMENTS

GROUP FOR HISTORY BUFFS will be meeting on Mondays at 7pm in the Cinema

BAGEL BREAKFAST will be on Sunday, April 3, and 10 from 10am-12pm in the Card Room. Please contact Gloria Edelman for more information

BIRTHDAY BRUNCH for April and May will be Sunday, May 22 from 12pm-3pm in the Card Room. Please contact Gloria Edelman for more information

A NORDSTROM EVENING OF FINE FRAGRANCES AND SPRING MAKEOVERS is on Wednesday, April 13 5pm-8:45pm in the Card Room and Aerobics Studio

PIZZA PARTY is Friday, April 15 at 6:30pm in the Card Room, please contact Piero Del'Corso if interested in attending

TEXAS HOLD'EM TOURNAMENT: ROUND 2 will be on Saturday, April 23 from 11am-5pm in the Card Room

BOOK CLUB is meeting on Saturday, April 16 at 11am in the Library

DOO WOP/SOCK HOP PARTY will be on Saturday, April 16 from 6:30pm-10pm in The Club

BALLROOM DANCING continues on Thursday, April 14, 21, 28 at 7:30pm in the Aerobics Studio

RUMMIKUB game meets on Wednesdays at 1pm in the Card Room, for more information please contact Evelyn Ben-Ami

MAH JONGG game meets on Mondays at 1pm in the Card Room, if interested please contact Arlene Epstein

CURRENT ISSUES IN THE NEWS will be meeting on Wednesday, April 27 at 5:30pm in the Wet Bar seating area

WINE & CHEESE is held every Saturday night at 8pm, all are welcome!



CLUB HOURS

Sunday	8:30am-7:30pm
Monday	8:00am-9:00pm
Tuesday	7:30am-9:00pm
Wednesday	7:30am-9:00pm
Thursday	7:30am-9:00pm
Friday	7:30am-10:00pm
Saturday	8:30am-10:30pm

Please note: The pool will now open at 9:30am on Tuesdays and Saturdays to allow for the required cleaning.

STAYING FIT AT THE SEASONS

\$8 per class - All classes run between 45min-1hr

SUNDAYS

10:00am Aerobics
Aerobics Studio

THURSDAYS

11:15am Tai Chi
Aerobics Studio

12:15am Personal Training
Gym

7:30pm Ballroom Dancing
Aerobics Studio

SATURDAYS

10:00am Zumba
Aerobics Studio



April EVENTS

WHO WANTS TO...

Start an Indoor Tennis Club
Start a Golf Team/League
Become a Seasons Volunteer
Start a sketch/drawing club
Learn Ballroom Dancing

Please see Nicole
if interested in any of
the above.

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PIZZA PARTY • Friday, April 15 6:30pm • Card Room

DOO WOP/SOCK HOP PARTY

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TEXAS HOLD'EM TOURNAMENT

Saturday, April 23 from 11am-5pm • Card Room



WELCOME to our newest homeowners

Dorothy Feulner
East Meadow, NY

Joe Schkufza
Fresh Meadows, NY

Gail Sachs
Muttontown, NY

Ralph & Grace Pinto
Howard Beach, NY

Thomas and Mary McDonald
Hempstead, NY

Irwin & Edith Wilde
River Vale, NJ

Arline Scussel
Pompton Plains, NJ

Richard & Lois Greenman
Rockville Centre, NY

Barbara Milrod
Melville, NY

Angie Proto
Middle Village, NY

Martin & Carol Gilman
Roslyn, NY

Jerome Bercun
Delray Beach, FL

**Warren and Cheryl
Schoenfeld**
Flushing, NY

Herman & Barbara Lopkin
Merrick, NY

Anthony Nardone
Elmont, NY

Jidong Sun & Longwei Guan
Flushing, NY

Delfina Martin-Armas
Elmhurst, NY

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